### **District Focus**

2022-2023

### What Do We Want For Our Students?

#### **Self-Actualization**

• Self- actualization is the fulfillment of individual potential. Maslow (1987) defined self-actualization as people's desire for self-fulfillment and the actualization of their potential.

#### Flourish

• "To flourish is to find fulfilment in our lives, accomplishing meaningful and worthwhile tasks, and connecting with others at a deeper level—in essence, living the "good life". (Seligman, 2011)

# How Do We Support Our Students?



Well-Being



Physically Safe	Physiologically Safe
Facilities	Food
Procedures	Health

Self-Efficacy	Belonging
Growth Mindset	Inclusive
Opportunities and Feedback	Community

Academics	Programs
Levels of Support	Expansive
Learning Experiences	Opportunities

## WHAT IS THE PROCESS?

ASSESS	EVALUATE	PLAN
GATHER DATA	IDENTIFY STRENGTHS/ WEAKNESSES	CAPITALIZE ON STRENGTHS
		DEVELOP SOLUTIONS FOR IMPROVEMENTS

## References

Maslow, A. H. (1987). (3rd ed.). Harper & Row Publishers.

Seligman, M. E. P. (2011). Flourish: A visionary new understanding of happiness and well-being. Free Press.